

## *Access AOD Training*

### **RACGP Alcohol and Other Drugs (AOD) GP Education Program**

The RACGP Alcohol and Other Drugs (AOD) GP Education Program was developed to help GPs better support and treat patients experiencing AOD related harms.

Training options available for RACGP members are listed below.

## *Training options*

### **Online modules available via [gplearning](#)**

The following online modules are available on [gplearning](#).

#### **Alcohol and Other Drugs – Essential Skills**

Develop your core AOD consulting skills. Essential Skills Training is ideal for students, GPs in training, international medical graduates and members who want to refresh their AOD knowledge and skills in the current Australian context.

**CPD Hours: 4 Hours**

#### **Alcohol and Other Drugs: GP-led treatment, management, and self-care**

Build on your core AOD consulting skills and create a repertoire of strategies to support people who use AOD, including withdrawal, weaning and opioid replacement therapy.

**CPD Hours: 6 Hours**

#### **Alcohol and Other Drugs: Facilitating behaviour change**

Enhance your therapeutic relationship and support behaviour change through use of motivational interviewing techniques.

**CPD Hours: 3 Hours**

#### **Alcohol and Other Drugs: Providing trauma- informed care**

There is a known and recognised link between risky substance use and trauma. This course aims to improve your understanding of trauma and to improve your skills in providing trauma-informed care.

**CPD Hours: 2.5 Hours**

#### **Alcohol and other drugs: Supporting Aboriginal and Torres Strait Islander Peoples**

This course provides practical steps for GPs to use when supporting Aboriginal and Torres Strait Islander patients who use alcohol and other drugs in a way that it is causing them harm.

**CPD Hours: 1 hour**

## Alcohol and Other Drugs: Supporting people in contact with the criminal justice system

This course is designed to build GP awareness, confidence and skills to meet the clinical healthcare needs of people who use alcohol and other drugs (AOD) and are in contact with the criminal justice system.

**CPD Hours:** 1 hour

Further AOD related e-learning modules are available on [gplearning](#).

- Addressing doctor's health: caring for ourselves and our colleagues
- Benzodiazepine prescribing in general practice
- Borderline personality disorder: diagnosis and management in general practice
- Chronic pain: an integrative approach
- Communication skills in general practice
- Effective pain management in general practice

## AOD Program Webinars

The RACGP AOD Program On-Demand webinars provide a deeper dive into AOD related topics and are hosted by a range of AOD expert GPs and AOD specialists. A webinar summary is also available to download.

**Delivery:** Available on demand, links below

**CPD Hours:** 1.5 hours

To record, you will need to log this yourself through the [RACGP's Quick Log](#) initiative. Please visit the CPD website for information on how to do this.

AOD Program webinars			
Date	Topic	Watch the webinar	Webinar summary & resources
7 October 2020	The inherited pain patient	<a href="#">Watch now</a>	<a href="#">PDF</a> (232 KB)
11 November 2020	How to help patients who have turned to alcohol at a time of crisis (Alcohol Part I)	<a href="#">Watch now</a>	<a href="#">PDF</a> (232 KB)
9 December 2020	GP burn-out prevention, containment, and boundaries	<a href="#">Watch now</a>	<a href="#">PDF</a> (335 KB)
10 March 2021	Substance use lapse and relapse	<a href="#">Watch now</a>	<a href="#">PDF</a> (268 KB)
5 May 2021	The changing role of pharmacotherapy, the bigger picture and Depot buprenorphine	<a href="#">Watch now</a>	<a href="#">PDF</a> (180 KB)
21 July 2021	Recreational drug use	<a href="#">Watch now</a>	<a href="#">PDF</a> (258 KB)
5 December 2022	AOD in the childbearing years	<a href="#">Watch now</a>	

## On-demand webinars

On-demand webinars, from RACGP and other AOD education providers, are a great way to find out about AOD related topics. Time spent viewing the webinars can be logged through the [RACGP's CPD Quick Log](#) initiative.

On-demand webinars		
Title	Provider	Further information
A practical guide to alcohol home detox for GPs and further information about the telehealth model.	Clean Slate Clinic	<a href="#">Find out more</a>
Alcohol & drug use for those with anxiety, depression, or sleep disturbance – Management tips	RACGP Digital Events	<a href="#">Find out more</a>
Alcohol and the social determinants of health: an equity lens on interventions	Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
Creating pathways for Indigenous Australians to lead the way in alcohol research	Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
Drug testing: issues and implications for Indigenous workers	Australian Indigenous Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
Harnessing good intentions: addressing harmful AOD use among Aboriginal Australians	Australian Indigenous Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
Integrating smoking cessation into alcohol and other drugs treatment	RACGP Digital Events	<a href="#">Find out more</a>
Introduction to depot buprenorphine in the treatment of opioid dependent patients	RACGP Digital Events	<a href="#">Find out more</a>
Kava in Australia	Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
Prevalence of FASD among youth under the care of Juvenile Justice in Western Australia: how shall we work together to close this gap?	Australian Indigenous Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
Providing quality healthcare for addressing illicit substance use	RACGP Digital Events	<a href="#">Find out more</a>
SafeScript Alert: Treatment options for patients with flagged in SafeScript	RACGP Digital Events	<a href="#">Find out more</a>

Shared care management of opioid dependence	RACGP Digital Events	<a href="#">Find out more</a>
Smoking among disadvantaged and vulnerable groups	Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
Tackling Indigenous Smoking, Quitskills cessation training, brief intervention, youth, and pregnancy	Australian Indigenous HealthInfoNet	<a href="#">Find out more</a>
The experiences of Aboriginal and Torres Strait Islander people in primary healthcare when speaking about substance use and depression	Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
What do we know about the impacts of cannabis use in Aboriginal and Torres Strait Islander communities?	Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>
What workers and organisations can do to support clients and communities in relation to crystal methamphetamine	Australian Indigenous Alcohol and Other Drugs Knowledge Centre	<a href="#">Find out more</a>

## Opioid pharmacotherapy training

Find your State or Territory based course that will assist in the development of knowledge, skills, and practices to support the safe prescribing of opioid pharmacotherapies for the treatment of opioid dependence, including buprenorphine/naloxone and or methadone.

Opioid pharmacotherapy training				
Title	Provider	Delivery Type	Location	Further information
Victorian Opioid Management ECHO – Opioid Management for Primary Care practitioners	St Vincent's Hospital, Melbourne	Case-based discussion group	Vic	<a href="#">Find out more</a>
Driving Safety: Sedating medications and OAT	University of Sydney	E-learning	NSW	<a href="#">OTAC*</a>
Treatment of Opioid dependence with Depot Buprenorphine	University of Sydney	E-learning	NSW	<a href="#">OTAC*</a>
Western Australian Community Program for Opioid Pharmacotherapy (CPOP)	Next Step, Mental Health Commission	Online or Face to Face	WA	<a href="#">Find out more</a>
eLAMP – eLearning in AOD for Medical Practitioners	Insight	Online	National	<a href="#">Find out more</a>

\*OTAC Courses are provided at no cost on behalf of the NSW Ministry of Health. Courses assist in the development of knowledge, skills, and practices to support the safe prescribing of opioid pharmacotherapies for the treatment of opioid dependence.

*Developed by the RACGP AOD GP Education Program, May 2022. Revised March 2023.*